



The Irish College of Psychiatrists

Coláiste Síciatraithe na hÉireann

121 St Stephen's Green, Dublin 2
Tel: +353 1 402 2346 / 2382
Fax: +353 1 402 2344
email: icpsych@eircom.net
web: www..irishpsychiatry.com

D R A F T

MINUTES OF THE MEETING OF THE EXECUTIVE COMMITTEE OF THE ICPSYCH PSYCHOTHERAPY FACULTY MONDAY, 27TH FEBRUARY 2006, 121 ST. STEPHEN'S GREEN, DUBLIN 2

Present:	Dr B McCormack	Dr D O'Rourke
	Dr A Moran	Dr M McDonough
	Dr P Galligan	Dr A Noonan
	Ms L Burton	Dr B Fitzmaurice
	Ms B Maguire	
Apologies:	Dr R Blennerhassett	Dr D Gibbons
	Dr A McCarthy	Dr E McCabe

1. Attendance and apologies.

Noted.

2. Minutes of the Previous Meeting

The minutes of the meeting held on 16 January 2006 were approved.

3. Matters Arising from the Minutes

- a) **Spring 2006 Meeting.** The Business Meeting Minutes from the Winter 2005 meeting in Cork will be circulated to members at the Spring 2006 Business Meeting on March 31st 2006. The Preliminary Programme for the Spring 2006 Meeting has been circulated via post to all members and contains information regarding elections and nomination forms. The Final Programme will be circulated via post on 10 March 2006.
- b) **Winter 2006 Meeting.** The dates for this meeting are set as 9-10 November 2006 and the venue will be The Holiday Inn Hotel, Belfast. Dr. McCormack met with Dr. M. O'Kane, N.I. Division to discuss topics and speakers. They agreed a theme of Psychotherapy: Teaching / Education and Dr. O'Kane asked for suggestions of speakers from the Irish College of Psychiatrists. Dr. A. Moran suggested Dr. T. Bates and Dr. A. Noonan suggested Dr. C. Gallagher who is psychologist and psychiatrist. Dr. A. Noonan will ask Dr. Gallagher on Tuesday, February 28 and email Dr. B. McCormack to follow-up. It was decided to invite Dr. T. Bates to speak also, perhaps about the Expert Group Report. Dr. A Noonan asked if the speakers would be paid an honorarium and the Irish College is to follow up with the N. Ireland Division in that regard.
- c) **Review of Training for Trainees.** The Management Committee approved the survey at their meeting on February 8 2006. Dr. A. Noonan and Dr. D. O'Rourke will coordinate to discuss the survey distribution and also the analysis and processing of the results.

- d) **Statutory Registrations.** Dr. B. McCormack said he attended a meeting called “Talking Therapists Group” which met to discuss:
- (1) *appropriate standards*; i.e. registered therapists of different backgrounds, who are already working and are recognised but do not necessarily belong to a statutory body which represents them. The group also looked at standards relating to ownership of use of terms to describe the work of psychotherapists as well as training, supervision etc.
 - (2) *Developing services*
- e) **Website.** The web page content which was submitted by Dr. A. Noonan along with the committee members names will be submitted to the I.T. department for upload to the website.
- f) **E.U. Green Paper**
Dr. McCormack informed the committee that the response to the E.U. Green Paper is due to be submitted to the Executive Committee on Wednesday March 1 2006. Dr. A. Noonan volunteered to draft a response on behalf of the Psychotherapy Faculty and email it in on time for the meeting.
- g) **Expert Group on Mental Health Policy**
The Faculty is planning to draft a response to the Report from the Expert Group and submit to the Executive Committee meeting on 15 March. Dr. B. McCormack presented his draft response to those present and asked for comments and feedback. Dr. P. Galligan said she felt that psychotherapy is very vague in the Vision for Change Report and is mentioned infrequently through out. Dr. B. McCormack noticed that there were a few points forcefully made but there was no follow through on them. It was also noted that there is no recommendation for the governance of psychotherapy in the Health Services. Psychotherapy doesn't seem to be seen as a sub-specialty and the faculty members felt that it should be, so as to develop services and coordinate training, clinical governance and link up with primary care providers. Dr. McCormack will compile everyone's comments and create a response in time for the Executive Committee Meeting.
- h) **CR116.** Committee members were asked to forward comments to Dr. A Noonan as this matter will be brought up again later this year as the faculty is planning to submit a comment to the Royal College.

4. **Representation and Reports**

CPD – Dr. R. Blennerhassett not present; no report

Law Committee – Dr. A. Jackson not present; no report

Executive Committee, ICPsych – It was reported that the Psychotherapy Training Audit was approved and has been branded/edited. It was circulated to all present for perusal.

Dr. McCormack also mentioned that he has informed the Executive Committee that the Psychotherapy Faculty has created a sub-committee to look at the development of consultant posts.

Psychotherapy Faculty, RCPsych – Dr. McCormack circulated an email from Dr. J. Knowles which outlines the action list from the recent Psychotherapy Faculty Executive Meeting. He mentioned that there were similar issues in the UK relating to Statutory Regulations.

Regarding Training in the UK, he said there was quite a difference between the RCPsych and ICPsych and that the RCPsych were planning to reduce the number of specialties. The training module overall in UK will be 6 years straight through.

The next RCPsych faculty meeting is on March 30 – April 1 at the Haven, Sandbanks, Dorset. It coincides with the Spring Meeting so there will probably be no representative from ICPsych.

IPTC – Dr. McCormack was unable to attend the last IPTC Meeting. Dr. O'Rourke was there and reported that training in Ireland is being reviewed by IPTC and is in a state of flux. She said there are no SpR Psychotherapists in Ireland as yet and it was agreed that this is something that the Psychotherapy Faculty would like to get up and running through the IPTC. The members agreed that we should ask the IPTC to be approved as trainers.

Public Education Sub-committee – Nothing to report. Ms. L. Burton will send on the dates of the future meetings to Dr. A. Moran.

Psychotherapy Sub-committee – All present have received copies of documents circulated by Dr. A. Moran for review.

5. AOB

Dr. S. Rooney would like to retire from the Psychotherapy Committee due to other commitments.

6. Date of Next Meetings:

April 24, 11:30am – 1pm; 2nd Floor Boardroom, 121 St. Stephen's Green

June 19, 11:30am – 1pm; 2nd Floor Boardroom, 121 St. Stephen's Green

Ms/psycho/mins psychot 27-02-06/21-03-06